

Phase 6 CensusAtSchool Questionnaire

For students aged
11 and above

1. State the first part of your postcode (eg NG3 or PL23)

2. Are you a ?

☐ Boy ☐ Girl

3. Please state your age in completed years.

 years

4. Complete the following measurements.

HEIGHT centimetres

FOOT LENGTH centimetres

Right Elbow to Wrist cm

Open Arm Span cm

5. What is your favourite food type?

- ☐ Dairy (milk, cheese, eggs)
☐ Protein (beans, meat, fish)
☐ Carbohydrates (bread, pasta)
☐ Fruit/Veg (apples, carrots)

6. In a normal week on how many days do you eat meat?

0 1 2 3 4 5 6 7

7. How many (palm of hand) portions of the following do you regularly eat per day?

- ☐ Fruit
☐ Vegetables
☐ Sweets
☐ Crisps

8. In the last year have you gone on a diet, changed your eating habits or done anything to control your weight. (leave blank if you wish)

☐ Yes ☐ No

9. When going out on sunny days in the summer do you:

Use Sun Cream

☐ Always ☐ Sometimes ☐ Never

Wear a hat for protection

☐ Always ☐ Sometimes ☐ Never

Wear sunglasses

☐ Always ☐ Sometimes ☐ Never

10. On how many days last week did you do physical activity that made you huff and puff, sweat or get tired?

0 1 2 3 4 5 6 7

- 11 a) How often do you (honestly) brush your teeth each day?

- 11 b) How many fillings do you have?

Unsure ☐

12. Which do you think is the most important environmental issue that needs to be dealt with in the next 10 years?

- ☐ Air Pollution
☐ Global Warming
☐ Water Pollution
☐ Flooding
☐ Energy Sources
☐ Road Congestion
☐ Landfill Sites
☐ Other - state

13. Do you think that YOU personally do enough to improve the environment.

☐ Yes ☐ No ☐ Unsure

14. Which of the following does your household recycle? (Tick all that apply)

- ☐ Paper ☐ Glass ☐ Tins
☐ Plastic ☐ Other ☐ Nothing

15. What one thing do you think would improve your local environment?

- ☐ Less Traffic
☐ Cycle Paths
☐ Less Litter
☐ Playgrounds
☐ More Trees
☐ More Shops
☐ More Sports Facilities
☐ Other - state

16. What best describes the kind of building you live in?

- ☐ Detached House/ Bungalow
☐ Semi Detached
☐ Terrace
☐ Apartment/ Flat
☐ Other

17. How do you usually travel to school?

- ☐ Walk ☐ Bus ☐ Car
☐ Cycle ☐ Rail ☐ Other

18. If you had £1000 to give to a charity of your choice what kind of organisation would you choose?

- ☐ Arts
☐ Children
☐ Education/Youth development
☐ Environment
☐ Health
☐ International Aid
☐ Law/Justice
☐ Sport
☐ Wildlife/ Animals
☐ Other

19. Estimate how often you contact your friends each week:

- ☐ Text ☐ e-mail
☐ Telephone (landline)
☐ Telephone (mobile)

20. Estimate the 3 angles given by the online questionnaire.